

2011 Twin Falls Football Summer Camp

August 23-25th Tues-Thurs
3:30-6:00 PM

General Information

Overview: This is 3 days of non-contact instruction. All equipment will be issued to participants for the upcoming season including Revolution helmets from Riddell. Dates and times are: August 23, 24, and 25 from 3:30pm to 6pm.

Lectures: Each day will consist of a lecture on safety, academics and nutrition.

Cost: \$35 for 3 days of exciting football instruction, a Raven Football T-shirt and the team barbecue on the last day. It will also cover the purchase of drinks and a snack for each day. Please bring payment on first day of camp, 08-23-11. Please let us know if there is a financial hardship. We would like everyone to be able to participate.

Facilities: Twin Falls Middle School.

Questions: email Coach **Dave Weller** at wellerd@svsd410.org

Camp Program

Offense	Defense	Special Teams
<p>Individual Skills</p> <p>Running back-stance, ball carrying, faking, running, cutting, receiving, blocking.</p> <p>Quarterback-stance, center exchange, footwork, play action, throwing, faking.</p> <p>Offensive Line-stance, blocking techniques, pass protection, alignment, footwork and agility, center snaps.</p> <p>Receivers-stance, pass patterns, pass catching, ball carrying, blocking.</p>	<p>Individual Skills</p> <p>Defensive Line-stance, reactions, alignment, sled techniques, tackling techniques, pursuit, pass rush, agility.</p> <p>Linebacker-stance, alignment, reactions, sled techniques, tackling techniques, pursuit, blitz, pass drop and agility.</p> <p>Secondary-coverage techniques, stance, alignment, reaction, pursuit and tackling techniques.</p>	<p>Kick-Off</p> <p>Kick-off team-lanes, pursuit, kicking off a tee, pursuit, on-side kick.</p> <p>Kick Return-blocking technique, wedge return, fair catch.</p> <p>Punt/Punt Return-deep snap, blocking technique, pursuit, returns, alignment, fair catch.</p>
<p>Team Concepts-Offensive sets, play calling terminology, roles and responsibilities, huddle alignment</p>	<p>Team Concepts-coverages, roles and responsibilities, play calling terminology, huddle alignment.</p>	<p>Extra Point-1 point and 2 point strategies, kicking off tee, deep snap, alignment, blocking techniques.</p>

Cut and return to Coach Weller

Player's Name _____

Parent or Guardian Name (Please Print): _____

Parent or Guardian's Signature: _____

Parent or Guardian Phone Number: _____

Grade Entering in the Fall: 7th 8th (Please circle one)

T-Shirt size: Small Medium Large X-Large (circle one)

Verification of Physical Date: _____

Each athlete must have a current physical on record at TFMS (or bring to camp) to participate in this camp. Make all checks payable to Twin Falls Middle School.